

Consultation models exercise.

- Divide group into four small groups.
- Each group is going to role play the same basic consultation, but using a different consultation model.
- There needs to be a patient, a doctor and a narrator nominated in each group. Other group members will be needed for feedback at the end.
- The doctor and patient will act out the consultation according to their consultation model. The narrator will stop the consultation at appropriate times to point out to the audience the different stages of the consultation model being used.
- At the end of the consultation, the other members of the group will point out the advantages and disadvantages of their particular consultation model in this consultation.

The aim is to highlight the differences between the various consultation models, not to focus on the medical details of the consultation.

Basic consultation outline. (other information can be added as necessary by each group as required by their consultation model)

- 30 year old woman
- presents with recurrent headaches
- no red flags or worrying symptoms, nothing to find on examination
- sound like classical tension headaches
- lives with partner and 2 children
- works part-time as a receptionist
- financial worries and debts, partner's job not secure
- smokes 20cpd, drinks alcohol occasionally
- otherwise fit and well, slightly overweight, no regular exercise
- IUD for contraception
- mother has a history of hypertension and father has NIDDM

Consultation models to use:

1. Pendleton
2. Murtagh
3. Helman
4. Stott and Davies